Welcome Parents!
Please take some time to introduce yourselves to the other parents around you and discuss the questions on your tables.
WELCOME!

> Dr. Nancy Hertzog, Robinson Center Director
> Dr. Curtis Hisayasu, Director EEP and UW Academy
> Archana Einstein, Counseling Services Intern
> Kathryn Grubbs, Academic Adviser
AGENDA

- Advising
- Winter quarter
- Resources
FERPA - REMINDER

Family Educational Rights and Privacy Act

- The Family Educational Rights and Privacy Act (FERPA) (20 U.S.C. § 1232g; 34 CFR Part 99) is a Federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education.

- Student info that cannot be released:
  - Class schedule
  - Number of credits enrolled/total taken
  - Grades/exam scores
  - GPA

- Students can fill out a consent-to-release form if they want specific information released to a third party (including parents). This must be done each time a student requests information to be released.
AUTUMN ADVISING

What do Robinson Center students want to get out of their college experience?

• Discover and use the resources available for me to succeed
• Figure out how to properly interact with my professors and TAs
• Do well in all of my classes
  • Pass
  • Get a good GPA
  • Get good grades lol :)
  • Do well in my classes 3.7+
• Make new friends and pass all my classes
  • Meet people I connect with
• Join a musical performance group
  • Join a group on campus
• Learn something new in each subject
• Succeeding in balancing life + school + volunteer work
• Meet my own standards
• Have time to hang out w/ old friends
• Find an on-campus job
• Put myself out there to experience new things
AUTUMN ADVISING

AREAS OF FOCUS

• Adjustment to college
• Review of progress in individual courses
• Homework and studying
• Plans for winter quarter courses (including Honors/198)
• Review of CADRs and core requirements
MYTH

It takes 4 years to complete a bachelor’s degree.
MYTH

It takes 4 years to complete a bachelor’s degree.

• CADR’s
• STEM degrees have more requirements
• Adding a second major or minor
FACT

83% of UW freshmen graduate within 6 years

Higher than the national average at public institutions of 59%*

*http://nces.ed.gov/fastfacts/display.asp?id=40
MYTH

My student should maintain a 4.0 while at UW.
Average first quarter GPA for Robinson Center students

ACADEMY: 3.55 (1.97 - 4.00)
EEP: 3.63 (2.53 - 4.00)

(2012-2016)
SUPPORTIVE ENGAGEMENT:

- Are you meeting your own expectations?
- How would you compare your UW course load to high school?
- If your first exam didn’t go as expected, what will you do differently?
- How can I help?
SUPPORTIVE ENGAGEMENT:

- Look over the academic and health resources from Parent Orientation
- What ones have they visited?
- What ones might be good to check out?
MINDSET

• Dweck
  • Growth mindset + effort
  • Knowing when to reach out for help

• I failed!
Looking Ahead...

Important Dates and Upcoming Events

Upcoming Academic Dates:
- Freshmen register: Nov 16 or 17 at 6am
- Finals Week: Sat. Dec 9 – Fri. Dec 15
- Winter Break (RC closed): Dec 16 – Jan 2

Upcoming RC Events:
- Parent Programs: 11/16 and 12/4
- Winter Quarter EEP/ACAD Parent Check-In: TBA

Other:
- FAFSA Application available: Now!*  
- Federal Financial Aid (FAFSA) Deadline: January 15*
COMMUNITY MEETING

- More details about the RC move to Guggenheim Annex
- RC Race & Equity Goals
- RC Welcome Statement
- Diversity and Inclusion Seed Grant ideas for students
- Updated RC/Outreach mission statement
- RC Student Ambassador program updates
- Planned Parenthood educational sessions for EEPers and Acads
- Mental health educational sessions for EEPers and Acads
ACAD/EEP 198

Winter quarter seminar for Robinson Center freshmen
Thursdays 2:30pm – 4:20pm

ACAD/EEP 198 is a part of our ongoing mission to prepare students to make the most of the resources and opportunities here at the UW.

- Making informed decisions about majors/departments
- Scholarships, internships and study abroad
- Focus on resume and personal statement
- Exploring and getting involved in the larger UW community
HONORS

- Interdisciplinary
  - Try out a Winter or Spring quarter course
  - Application available now
  - Due 9:00 a.m. on Wednesday, March 20, 2018

- Departmental – once they are in a major
PARENT/STUDENT RESOURCES

- Scholarships and Work Study
- Dorms
- Study Abroad
- Student Organizations
WHAT RC STUDENTS SAY....

What is one piece of advice you would give to the parents of new EEP and ACAD students?
Students will learn more from failure than success. This will help cultivate perseverance in their future careers and truly allow them to understand that success is not a straight path. Facing obstacles with different types of professors, difficult grading curves, new social environments, internship/job interview rejections, rigorous schedules..etc will allow them to develop inner and mental strength that will allow them to tackle practically anything in the future, thus, it is important to be an understanding and emotionally sensitive parent during this transition.
WHAT RC STUDENTS SAY....

To trust your child and let them tell you about their day/any projects or concerns. It is important to make them feel like they can talk to you about their day, but not be pressured to do so. Communication is extremely important between you and your child, but keep in mind we often face a lot of stress and sometimes we just need to talk to our friends about it.
It is important to let us do RSO's and other ways to connect and get involved on campus. We understand that we need to balance our homework, and "fun stuff" but a big part of just being able to take a break, and refocus is to be able to participate in clubs and activities where we meet people that have the same interests as us. The UW campus is big, and a lot of us are trying to make friends and connections to make campus feel a little smaller. RSO meetings run a little late sometimes, but we will let you know! Trust us!
WHAT RC STUDENTS SAY....

Let your child explore their interests and promote their independence.
Your [student’s] sleep schedule will become disrupted. This is basically inevitable, and attempting to impose a bedtime will most likely just add to the stress they are already experiencing.

Having some kind of physical activity (exercise, sports, etc.) would probably be good for your student's physical and mental health.
WHAT RC STUDENTS SAY....

Be prepared for your kid coming home late at all hours of the night, especially during midterms and finals week.
Trust your kids, for the most part they know what they are doing if they made it here. Although remind them to check their email a lot.
QUESTIONS...